



SPHS Cross Country Schedule 2018-19

Date	Time	Site	Teams
Tue Aug 21	6:00pm	Ashbrook	Luminary Run
Wed Aug 29	5:00pm	Forestview	Multiple
Tue Sep 4	5:00pm	Shelby	SWC Pre-Conference Meet
Tue Sep 11	5:00pm	North Gaston	Multiple
Tue Sep 18	4:00pm	Forestview	Gaston County Championship
Tue Sep 25	4:00pm	York	Multiple
Tue Oct 2	4:30pm	Stuart Cramer	Multiple
Tue Oct 9	4:30pm	Ashbrook	Multiple
Tue Oct 16	5:00pm	Shelby	SWC Conference Championship
Sat Oct 27	9:00am	2A West Regional	2A West Teams
Sat Nov 3	3:00pm	2A State	Qualifiers (top 4 teams and top 7 not attached to winning team)

Head Coach: Kody Kubbs

Athletic Director: Kent Hyde

Principal: Gary Ford